Daily Meals Worksheet Report

4856 **A Kidkare Provider, Test** **Date:** _____

Breakfast
Serving Time
1;_____
2;_____
Meat/Alternate: _____
Bread/Alternate: _____
Fruit: _____
Vegetables: _____
Milk: _____

AM Snack
Serving Time
1;_____
2;_____
Meat/Alternate: _____
Bread/Alternate: _____
Fruit: _____
Vegetables: _____
Milk: _____

Lunch
Serving Time
1;_____
2;_____
Meat/Alternate: _____
Bread/Alternate: _____
Vegetables: _____
Fruit/Vegetable: _____
Milk: _____

PM Snack
Serving Time
1;_____
2;_____
Meat/Alternate: _____
Bread/Alternate: _____
Fruit: _____
Vegetables: _____
Milk: _____

Dinner
Serving Time
1;_____
2;_____
Meat/Alternate: _____
Bread/Alternate: _____
Vegetables: _____
Fruit/Vegetable: _____
Milk: _____

Evening Snack
Serving Time
1;_____
2;_____
Meat/Alternate: _____
Bread/Alternate: _____
Fruit: _____
Vegetables: _____
Milk: _____

SAMPLE

Name	#	Age	ATT	BRK	AMS	LUN	PMS	DIN	EVS	IN	OUT	IN	OUT
Cat, Abby	1-5	6y 6m	☐	☐	☐	☐	☐	☐	☐				
Day, Rainy	1-3	6y 0m	☐	☐	☐	☐	☐	☐	☐				
Dee, Carol	1-2	7y 8m	☐	☐	☐	☐	☐	☐	☐				
			☐	☐	☐	☐	☐	☐	☐				
			☐	☐	☐	☐	☐	☐	☐				
			☐	☐	☐	☐	☐	☐	☐				